

$4.99 4OZ

PORTLAND BEE CO.
HONEY YUZU CITRUS BAR SOAP
SAVE! $1.50



$11.99 6.3 OZ

NAVITAS ORGANICS SUPERFOOD ADAPTOGEN BLEND
other varieties available!
SAVE! $5.00



$12.99 1 FL OZ

HERB PHARM
RELAXING MOMENT HERBS ON THE GO
SAVE! $4.00

round up your change **in November**
TO SUPPORT *our* LOCAL FARMERS!
monadnock FOOD CO•OP **FARM FUND**

THE TURKEY TRAILER IS COMING!



FREE RANGE, CERTIFIED ORGANIC, NON-GMO, ALL NATURAL, VEGETARIAN FED, AND ANTIBIOTIC FREE OPTIONS!

We will have several sizes to choose from!

MONDAY NOV 23TH • 7AM–6PM
TUESDAY NOV 24TH • 7AM–6PM
WEDNESDAY NOV 25TH • 7AM–3PM

SAME DAY PICK-UP AT THE TURKEY TRAILER · NO PRE-ORDERS NEEDED!

Join us for these events & workshops!

MAXT workshop!
Thursday, November 19th
5:30pm – 7:00pm
Make a Traditional Pomander!



Vinilandia DEMO!
Friday, November 20th
4:00pm – 6:00pm
Wine Tasting!

Fenton Family Food Drive!
Saturday, November 21st
11:00am – 2:00pm
Bring a can to donate!

Details and full event calendar online at monadnockfood.coop/events/



Try our NEW bulk/case ordering process at: monadnock.provisions.coop

fresh deals

NOVEMBER 18 – DECEMBER 1, 2026



Family Owned & Operated for over 30 years in Orwell VT. Stonewood Farm proudly offers Humane Care & Handling to their turkeys, with plenty of fresh Vermont air, good feed and tender loving care. Getting a fresh Thanksgiving turkey is easy—no pre-order needed! Visit our **TURKEY TRAILER** in our parking lot, and our team will help. More turkey trailer information on the back!



$4.99 0.12LB

HIGH MEADOW FARM
BLACK GARLIC
SAVE! $1.00



$1.49/lb

ORGANIC
GOLD POTATOES
SAVE! 25%





$1.29/lb

PICADILLY FARM
BUTTERNUT SQUASH
SAVE! 56%

34 Cypress Street | Keene, NH | 603.355.8008 | monadnockfood.coop | Open Mon-Sat 7 AM - 9 PM, Sun 8 AM - 9 PM

monadnock FOOD CO•OP



$5.99/lb

HOUSEMADE
COUNTRY SAGE
PORK SAUSAGE
SAVE! $2.00/lb



$9.99/lb

PINELAND FARMS
CHUCK ROAST
SAVE! $2.00/lb



$5.49 8oz

APPLEGATE FARMS
ZERO SUGAR BACON
other varieties available!
SAVE! $1.50



$11.99/lb

BAYWINDS
COOKED SHRIMP
SAVE! $3.00



$7.49 8oz

GRAFTON VILLAGE
2 YEAR AGED
CHEDDAR
SAVE! $2.30



$4.79 4oz

VERMONT CREAMERY
CRANBERRY
ORANGE CINNAMON
GOAT CHEVRE
SAVE! 20%



$2.29/lb

ORGANIC
CANE SUGAR
SAVE! 23%



$6.99 9oz

BISOUSWEET
MAPLE APPLE
DONUT MUFFINS
SAVE! 22%



$8.99 20oz

JOE'S KITCHEN
MAC & CHEESE
SAVE! $2.00



From the heart of Spain, *this organic red wine is crafted under perfect conditions of warm sunny days and cool nights. Vinted with grapes grown in Manzanares' chalk and clay soils, this wine showcases the harmonious blend of tempranillo and cabernet sauvignon varietals. Sip it alongside rich meat dishes like grilled lamb chops or smoky bites like roasted vegetables.*

$13.99 750ML

TUSSOCK JUMPER
HOME EDITION
SAVE! $4.00



$6.99/lb

ORGANIC
SLICED ALMONDS
SAVE! $2.00/lb



$1.49 8oz

CABOT
SOUR CREAM
SAVE! 21%



$4.99 14oz

BUTTERNUT MOUNTAIN
MAPLE CREAM
SANDWICH COOKIES
SAVE! $2.00



$4.99 28 FL OZ

MALK
ALMOND MILK
HOLIDAY NOG
SAVE! $1.30



$5.49 10.5oz

KATZ
GLUTEN FREE
PUMPKIN SPICED
DONUTS
SAVE! $1.20



$12.49 16oz

ROCK MAPLE FARM
DARK GRADE A
MAPLE SYRUP
SAVE! $3.50