

SEPTEMBER 16 – SEPTEMBER 29, 2026



\$17.99 4oz

**IMMUNIA
ELDERBERRY &
WILD BLUEBERRY**
SAVE! \$6.50



\$15.99 6oz

**YOUTHEORY
SLEEP POWDER**
SAVE! \$9.00



\$22.99 90TABS

**NATURES PLUS
ULTRA JUICE**
SAVE! \$11.00

round up
your change 
in SEPTEMBER
TO PROVIDE *nutritious* MEALS TO OUR COMMUNITY

Please join us for an

INFORMATION SESSION!



**Learn About Our Co-op • Contribute Ideas
Review Our Plans • Ask Questions!**

Thursday, September 24TH • 5:30-6:30 PM

at our Jaffrey Location • 14 Peterborough Road



Join us for these events & workshops!



Miss Judy's Demos
Thursday, September 17th
11:00am – 1:00pm
4:00pm – 6:00pm
Salsa Tasting!



Randy Miller
Saturday, September 19th
11:00am – 1:00pm
Live Music!



Keene Pride
Sunday, September 20th
12:00pm – 6:00pm
Visit Our Booth!

Details and full event calendar online at monadnockfood.coop/events/

Try our **NEW** bulk/case ordering process at: monadnock.provisions.coop



fresh deals

SEPTEMBER 16 – SEPTEMBER 29, 2026

crafting flavor *with*
YEOMAN BREWING



Yeoman Brewing was founded over the mutual love of natural drinks and formed with deep roots in our local community. Their Kombucha is handcrafted with ingredients from local farmers, producers, and foragers to ensure their beverages are as authentic and natural as the land it comes from. When you drink Yeoman, you're tasting small batch, locally brewed kombucha inspired by the land around us.



\$2.99/lb

**PICADILLY FARM
ORGANIC ITALIA
PEPPERS**

yellow and red available!

SAVE! 25%



\$1.49/lb

**LAUGHING CHILD FARM
BEAUREGARD
ORGANIC SWEET
POTATOES**

SAVE! 50%



\$2.79/lb

**ORGANIC
SWEETANGO APPLES**
SAVE! 26%

34 Cypress Street | Keene, NH | 603.355.8008 | monadnockfood.coop | Open Mon-Sat 7 AM - 9 PM, Sun 8 AM - 9 PM

monadnock
FOOD CO-OP



\$5.99/lb

**DUBRETON
BONELESS
PORK CHOPS**
SAVE! \$2.00/lb



\$6.99 7oz

**VT FARMSTEAD
MAPLE BACON
CHEDDAR**
SAVE! \$2.00



As it was forbidden to brew in summer, a stronger beer – the Märzen – was brewed earlier in March. It would finally be served at the Oktoberfest, under the “Heaven of Bavaria.” We have returned once again to the age-old recipe and recreated that gloriously smooth, honey-coloured piece of history from times gone by.

\$10.99 6PK

**HACKER-PSCHORR
OKTOBERFEST
MÄRZEN 11.2 FL OZ**
SAVE! \$2.00



\$5.99 12oz

**BILINSKI
CAPRESE STYLE
CHICKEN SAUSAGE**
SAVE! \$3.00



\$4.99/lb

**ORGANIC
COCONUT
DATE ROLLS**
SAVE! 23%



\$8.99/lb

**FARMER FOCUS
CHICKEN
TENDERLOINS**
SAVE! \$2.50/lb



\$7.99/lb

**ORGANIC
ROASTED & SALTED
PISTACHIOS**
SAVE! 27%



\$4.99 16oz

**SAN REMO
ORGANIC
FUSILLONI PASTA**
other varieties available!
SAVE! \$1.70



\$4.29 16oz

**VERMONT SOY
FIRM TOFU**
SAVE! 18%



\$6.99 16oz

**ORIGIN PROVISIONS
85/15 GROUND BEEF**
SAVE! \$2.00



\$6.99 9PK

**BISOUSWEET
MAPLE APPLE
DOUGHNUT MUFFINS**
SAVE! \$2.00



\$5.99 3.52oz

**JELINA
PECAN CARAMEL
MILK CHOCOLATE BAR**
other varieties available!
SAVE! \$2.00



\$2.79 32 fl oz

**DAILY PANTRY
ORGANIC
CHICKEN BROTH**
other varieties available!
SAVE! 30%



\$7.99/lb

**HOUSEMADE
WILD & CRAISY RICE**
SAVE! 20%



\$5.99 6PK

**VAN LEEUWEN
STRAWBERRY
SHORTCAKE ICE
CREAM BARS**
SAVE! \$1.70



\$5.49 16 fl oz

**YEOMAN BREWING CO.
HONEYBERRY
KOMBUCHA**
maple rhubarb also available!
SAVE! \$1.50

monadnock
FOOD CO•OP