

JUNE 17 – JUNE 30, 2026



\$20.99 90CAPS

HERB PHARM MUSHROOM WELLNESS REISHI
Other Varieties Available!
SAVE \$7.00!

round up
your change
in June

Keene Housing **KIDS** COLLABORATIVE

CCCD

to SEND LOCAL KIDS to FARM CAMP this SUMMER!



\$17.99 8FLOZ

MICKELBERRY GARDENS POLLEN HONEY TONIC
SAVE \$6.00!



\$7.49 EA

PRESERVE SHAVE 5 BLADE
SAVE \$3.00!

fresh deals

JUNE 17 – JUNE 30, 2026

local favorite FINALLIE FERMENTS

Long before a single jar bubbled its way into the hearts and bellies of Vermonters, Allie Dercoli, founder and operator of FinAllie Ferments, was traveling the country with her dog Fin. She worked on 50+ farms across the country, learning from fellow farmers how to grow and ferment food along the way. This was a second act, a calling. Several years and many miles later, it would be Vermont where Allie and Fin would root their love for fermentation. Allie wanted to share the powerful health benefits of probiotics, the joy of traditional fermenting, the innate value in helping Vermont's local farmers, and the feeling of community that occurs when we help feed our friends and neighbors.

GRILL FEST!

FRIDAY, JUNE 19TH
Join us from 12-6PM for
DEMOS HOT OFF THE GRILL!



JUNE 19TH-21ST
3 DAYS of FLASH SALES & SAMPLES!

Join us for these events & workshops!



Food For Mood
Thursday, June 25
5pm – 7pm
At the Co-op



Pride Art Crawl
June 12 – 27
All day
Multiple locations including the Co-op



Dr. Linda Kingsbury
Thursday, July 11
10am – 1130am
Location pending

Details and full event calendar online at monadnockfood.coop/events/



2/\$5
ORGANIC EUROPEAN CUCUMBER
SAVE \$0.99!



\$2.99/lb
ORGANIC SLICING TOMATO
SAVE \$1.00!



\$3.49/lb
ORGANIC RED GRAPES
SAVE \$1.50!

Try our **NEW bulk/case ordering process at: monadnock.provisions.coop**

34 Cypress Street | Keene, NH | 603.355.8008 | monadnockfood.coop | Open Mon-Sat 7 AM - 9 PM, Sun 8 AM - 9 PM





\$5.49/lb

DUBRETON BONELESS PORK CHOP

SAVE \$1.50!



\$4.79

8oz

5 GENERATIONS FARMSTEAD QUARK

SAVE \$1.20!



\$7.49

12oz

NIMAN RANCH BRATWURSTS

Other Varieties Available!

SAVE \$1.50!



\$5.99

7oz

VT FARMSTEAD SIP OF SUNSHINE CHEDDAR

SAVE \$2.00!



\$6.49

12oz

WELLSHIRE FARMS GRASSFED, SUGAR FREE BEEF FRANKS

SAVE \$1.50!



\$7.99/lb

ORGANIC BLACK MISSION FIGS

SAVE \$2.00!



\$14.99

9in

ACHATZ PIES CHERRY PIE

SAVE \$3.00!



\$13.99/lb

FAROE ISLAND ATLANTIC SALMON

SAVE \$3.00!



\$8.99/lb

ORGANIC WALNUTS HALVES & PIECES

SAVE \$2.00!



\$5.69

14oz

SAMBAZON UNSWEETENED ACAI

SAVE 18%!



\$10.99/lb

HOUSEMADE LEMON CAPER TORTELLINI

SAVE \$3.00!



\$3.99

16oz

LAUREL HILL SALSA PINEAPPLE MEDIUM

SAVE \$2.50!



Allagash Surf House Like a little home by the water, this lager is built for easygoing relaxation. Brewed to be super-crisp and drinkable, dry hopped for subtle tropical notes. Take a break with Surf House.

\$17.99

12 PK

ALLAGASH SURF HOUSE 12 FL OZ

SAVE \$4.00!



\$4.99

6oz

CABOT MAPLE CHEDDAR POPCORN

Other Varieties Available!

SAVE \$1.70!



\$10.99

16oz

FINALLIE FERMENTS DILL KRAUT

Other Varieties Available!

SAVE \$3.00!



\$3.99

12oz

LAUREL HILL MARINATED ARTICHOKE HEARTS

SAVE \$2.80!