

MAR 4 – MAR 17, 2026



\$8.99

DR. BRONNER'S ORGANIC ORANGE LAVENDER HAND & BODY LOTION
8 fl oz
SAVE \$1.50

Gentle enough to be used anywhere—hands, face or body. This lotion is highly emollient, so start with a small amount. Apply a pea-sized amount after hand-washing. Put it on right out of the shower, before skin dries. Just a few squirts will cover the whole body and absorb quickly into skin!



\$8.99

GARDEN OF LIFE ORGANIC VITAMIN C SPRAY
2 fl oz
SAVE \$2.50



\$18.99

WISHGARDEN DEEP STRESS DAILY CALM
2 fl oz
SAVE \$5.00

fresh deals

MARCH 4 – MARCH 17, 2026



local favorite
Picadilly Farm

Jenny & Bruce Wooster have partnered with us since our opening, providing organic vegetables from their Connecticut River Valley farmland in Winchester, NH. They farm about twenty-six of the forty acres they own and maintain the rest as conservation land to prevent erosion, encourage pollinators, and further enhance the land. We're so grateful to have them as part of our Co-op community!

round it up

Round up your change this month to support the Monadnock Food Co-op **FARM FUND**



Grants go to farms in Cheshire County and abutting NH towns who would like to develop or expand their production for wholesale markets, including the Monadnock Food Co-op.

For more info go to: monadnockfood.coop/farmfund



round it up

Funds can be used for a range of needs including: equipment, infrastructure, packaging, or technical assistance.



Join us for these events & workshops!



Pysanky Egg Decorating Workshop

Thursday, Mar 19
5:30 – 7:00pm
Registration Required



Medicinal Herb Garden Workshop

Saturday, Apr 11
11:30am – 12:30pm
Registration Required



Earth Fest 2026

Saturday, Apr 25
11:00am – 3:00pm
Railroad Square
Keene

Details and full event calendar online at monadnockfood.coop/events/



\$2.49 lb

ORGANIC EGGPLANT
SAVE \$1.00/lb



5/\$3

ORGANIC GREEN KIWI
SAVE 40%



\$7.99

PICADILLY FARM ORGANIC CARROTS
5-lb bag; grown in Winchester, NH
SAVE \$2.00

Try our **NEW** bulk/case ordering process at: monadnock.provisions.coop

34 Cypress Street | Keene, NH | 603.355.8008 | monadnockfood.coop | Open Mon-Sat 7 AM - 9 PM, Sun 8 AM - 9 PM





\$5.99

**WELLSHIRE FARMS
ORGANIC UNCURED
TURKEY BACON**
8 oz; other varieties also on sale
SAVE \$2.00



\$3.99

**VERMONT CREAMERY
HONEY
CLOVER BLOSSOM
GOAT CHEESE**
4 oz; made in Websterville, VT
SAVE \$1.00



\$6.99

**KERRYGOLD
DUBLINER CHEESE**
7 oz
SAVE \$2.00



\$6.99 lb

**HOUSEMADE
CLASSIC IRISH
BANGERS**
other varieties also on sale
SAVE \$2.00/lb



\$7.99

**STONEWOOD FARM
GROUND TURKEY**
16 oz; raised in Orwell, VT
other varieties also on sale
SAVE \$2.00



\$4.99 lb

**ORGANIC
RAW PUMPKIN SEEDS**
bulk
SAVE \$2.00/lb



\$13.99 lb

**WILD CAUGHT
SWORDFISH STEAKS**
SAVE \$4.00/lb



\$5.49

**HOUSEMADE
ORANGE SUGAR
COOKIES**
6-pack
SAVE \$1.50



\$9.99

**HOUSEMADE
TUSCAN
VEGETABLE SOUP**
quart
SAVE \$3.00



\$19.99

**THE OLIVE TABLE
ORGANIC EARLY
HARVEST EXTRA
VIRGIN OLIVE OIL**
500 ml; NH-owned business
other varieties also on sale
SAVE \$7.00



\$2.49

**DAILY PANTRY
ORGANIC
VEGETABLE BROTH**
32 fl oz; other varieties also on sale
SAVE \$1.50



\$2.49

**WILDWONDER
MANGO GOLD
SPARKLING PREBIOTIC +
PROBIOTIC BEVERAGE**
12 fl oz; other varieties also on sale
SAVE 80¢



\$16.99

**BROADBENT
NORTH COAST
CHARDONNAY WINE**
750 ml
SAVE \$3.00



\$1.69

**MUIR GLEN
ORGANIC
FIRE ROASTED
CRUSHED TOMATOES**
14.5 oz; other varieties also on sale
SAVE 60%



\$4.49

**SAN REMO
ORGANIC
ORECCHIETTE PASTA**
16 oz; other varieties also on sale
SAVE \$2.50



\$3.99

**SAN REMO
MARINARA SAUCE**
17.6 fl oz; other varieties also on sale
SAVE \$4.00