

FEB 4 – FEB 17, 2026



**\$10.99**

**NATURE'S ANSWER  
ALCOHOL-FREE  
HAWTHORN  
BERRY EXTRACT**  
1 fl oz  
**SAVE \$3.00**

Nature's Answer® Alcohol Free Hawthorn Berry Fluid Extract is a concentrated herbal extract made from the berries of *Crataegus monogyna*. It offers benefits of 2,000 mg of dried berry per serving supporting healthy cardiovascular function and circulation.



**\$16.99**

**WELEDA  
WILD ROSE PAMPERING  
BODY & BEAUTY OIL**  
3.4 fl oz  
**SAVE \$4.50**



**\$12.99**

**NAVITAS ORGANICS  
SUPERFOOD +  
ADAPTOGEN BLEND**  
6.3 oz  
**SAVE \$4.00**

**round up  
your change  
in february**

to SUPPORT OUR LOCAL PROGRAM providing FOOD ASSISTANCE for NH RESIDENTS with LOW INCOMES



**DOUBLE UP  
FOOD BUCKS™**

**Join us for these events & workshops!**



**Co-op Local  
Love Event**

Thursday, Feb 12  
3:00 – 6:00pm  
monadnockfood.coop/  
locallove/



**Origami Earring  
Workshop**

Thursday, Feb 19  
5:30 – 7:00pm  
Registration Required



**Pysanky Egg  
Decorating Workshop**

Thursday, Mar 19  
5:30 – 7:00pm  
Registration Required

Details and full event calendar online at [monadnockfood.coop/events/](https://monadnockfood.coop/events/)

Try our **NEW bulk/case ordering process** at: [monadnock.provisions.coop](https://monadnock.provisions.coop)



**fresh deals**

FEBRUARY 4 – FEBRUARY 17, 2026

**local favorite  
von Trapp Farmstead**



The **von Trapp Farmstead** has been family has run since 1959, when Werner and Erika von Trapp moved to Waitsfield, Vermont to grow crops and raise livestock, and to build a sustainable future for their children. Today, Sebastian and Molly make award winning cheese, such as the bloomy rind Mt. Alice, from their regeneratively raised cows. Their products are infused with a deep appreciation and desire to honor the land and cows that allow them to practice their craft.



**\$1.99 lb**

**ORGANIC  
GREEN  
D'ANJOU PEARS**  
**SAVE 28%**



**2/\$5**

**ORGANIC  
GRAPE TOMATOES**  
pint  
**SAVE 28%**



**\$1.99 lb**

**PICADILLY FARM  
ORGANIC RED BEETS**  
grown in Winchester, NH  
**SAVE \$1.00/lb**

34 Cypress Street | Keene, NH | 603.355.8008 | [monadnockfood.coop](https://monadnockfood.coop) | Open Mon-Sat 7 AM - 9 PM, Sun 8 AM - 9 PM

**monadnock®  
FOOD CO-OP**



**\$5.99 lb**

**HOUSEMADE  
KOREAN BBQ  
CHICKEN THIGHS**  
**SAVE \$2.00/lb**



**\$4.99**

**VERMONT CREAMERY  
CRÈME FRAÎCHE**  
8 oz; made in Websterville, VT  
**SAVE 20%**



**\$13.99**

**L'ORACLE  
MERLOT RED WINE**  
750 ml  
**SAVE \$4.00**



**\$6.49**

**BILINSKI'S  
ORGANIC CHICKEN  
SAUSAGE W/WILD  
MUSHROOMS**  
12 oz; other varieties also on sale  
**SAVE \$2.50**



**\$17.99 lb**

**VON TRAPP  
FARMSTEAD  
MT. ALICE CHEESE**  
made in Waitsfield, VT  
**SAVE \$12.00/lb**



**\$13.49 lb**

**CENSEA  
COOKED SHRIMP**  
**SAVE \$3.50/lb**



**\$1.69 lb**

**ORGANIC  
QUICK OATS**  
bulk  
**SAVE 26%**



**2/\$6**

**COMMUNITY  
HONEY BBQ  
POTATO CHIPS**  
5 oz; other varieties also on sale  
**SAVE 24%**



**\$3.99**

**GOOD FOODS  
AVOCADO MASH**  
4-pack  
**SAVE 24%**



**\$16.49 lb**

**HOUSEMADE  
MAPLE CHIPOTLE  
STEAK TIPS**  
**SAVE \$3.50/lb**



**\$7.99 lb**

**HOUSEMADE  
GARLIC  
LOVERS PASTA**  
**SAVE \$2.00/lb**



**\$2.49**

**DOROT  
CRUSHED  
GARLIC CUBES**  
2.8 oz  
**SAVE \$1.00**



**\$11.99**

**WILDLY ORGANIC  
ORGANIC  
CHOCOLATE SYRUP**  
20 oz  
**SAVE \$3.00**



**\$6.99**

**BISOUSWEET  
CONFECTIONS  
CHOCOLATE  
RASPBERRY  
WHOOPIE PIES**  
4-pk; made in Leominster, MA  
**SAVE \$3.00**



**2/\$4**

**SIMPLY DESSERTS  
SUGAR-FREE INSTANT  
VANILLA PUDDING**  
1.7 oz  
**SAVE 33%**



**\$4.49**

**FANCY PANTS  
CRISPY CHOCOLATE  
CHIP COOKIES**  
5 oz; other varieties also on sale  
**SAVE \$1.00**