



\$10.99

**NATURE'S ANSWER
ALCOHOL-FREE
HAWTHORN
BERRY EXTRACT**
1 fl oz
SAVE \$3.00

Nature's Answer® Alcohol Free Hawthorn Berry Fluid Extract is a concentrated herbal extract made from the berries of *Crataegus monogyna*. It offers benefits of 2,000 mg of dried berry per serving supporting healthy cardiovascular function and circulation.



\$16.99

**WELEDA
WILD ROSE PAMPERING
BODY & BEAUTY OIL**
3.4 fl oz
SAVE \$4.50



\$12.99

**NAVITAS ORGANICS
SUPERFOOD +
ADAPTOGEN BLEND**
6.3 oz
SAVE \$4.00

**round up
your change
in february**

**to SUPPORT OUR LOCAL PROGRAM providing FOOD
ASSISTANCE for NH RESIDENTS with LOW INCOMES**



**Co-op Local
Love Event**

Thursday, Feb 12
3:00 – 6:00pm

[monadnockfood.coop/
locallove/](http://monadnockfood.coop/locallove/)



**Origami Earring
Workshop**

Thursday, Feb 19
5:30 – 7:00pm

Registration Required



**Pysanky Egg
Decorating Workshop**

Thursday, Mar 19
5:30 – 7:00pm

Registration
Required



Details and full event calendar online at monadnockfood.coop/events/

Try our NEW bulk/case ordering process at: monadnock.provisions.coop



**DOUBLE UP
FOOD BUCKS™**

fresh deals

FEBRUARY 4 – FEBRUARY 17, 2026

local favorite
von Trapp Farmstead



The **von Trapp Farmstead** has been family has run since 1959, when Werner and Erika von Trapp moved to Waitsfield, Vermont to grow crops and raise livestock, and to build a sustainable future for their children. Today, Sebastian and Molly make award winning cheese, such as the bloomy rind Mt. Alice, from their regeneratively raised cows. Their products are infused with a deep appreciation and desire to honor the land and cows that allow them to practice their craft.



\$1.99 lb

**ORGANIC
GREEN
D'ANJOU PEARS**
SAVE 28%



2/\$5

**ORGANIC
GRAPE TOMATOES
pint**
SAVE 28%



\$1.99 lb

**PICADILLY FARM
ORGANIC RED BEETS**
grown in Winchester, NH
SAVE \$1.00/lb



34 Cypress Street | Keene, NH | 603.355.8008 | monadnockfood.coop | Open Mon-Sat 7 AM - 9 PM, Sun 8 AM - 9 PM



\$5.99 lb

**HOUSEMADE
KOREAN BBQ
CHICKEN THIGHS**
SAVE \$2.00/lb



\$4.99

**VERMONT CREAMERY
CRÈME FRAÎCHE**
8 oz; made in Websterville, VT
SAVE 20%



\$6.49

**BILINSKI'S
ORGANIC CHICKEN
SAUSAGE W/WILD
MUSHROOMS**
1/2 oz; other varieties also on sale
SAVE \$2.50



\$17.99 lb

**VON TRAPP
FARMSTEAD
MT. ALICE CHEESE**
made in Waitsfield, VT
SAVE \$12.00/lb



\$13.49 lb

**CENSEA
COOKED SHRIMP**
SAVE \$3.50/lb



\$1.69 lb

**ORGANIC
QUICK OATS**
bulk
SAVE 26%



\$16.49 lb

**HOUSEMADE
MAPLE CHIPOTLE
STEAK TIPS**
SAVE \$3.50/lb



\$7.99 lb

**HOUSEMADE
GARLIC
LOVERS PASTA**
SAVE \$2.00/lb



\$6.99

**BISOUSWEET
CONFECTIONS
CHOCOLATE
RASPBERRY
WHOOPIE PIES**
4-pk; made in Leominster, MA
SAVE \$3.00



2/\$6

**COMMUNITY
HONEY BBQ
POTATO CHIPS**
5 oz; other varieties also on sale
SAVE 24%



\$13.99

**L'ORACLE
MERLOT RED WINE**
750 ml
SAVE \$4.00



\$3.99

**GOOD FOODS
AVOCADO MASH**
4-pack
SAVE 24%



\$11.99

**WILDLY ORGANIC
ORGANIC
CHOCOLATE SYRUP**
20 oz
SAVE \$3.00



\$2.49

**DOROT
CRUSHED
GARLIC CUBES**
2.8 oz
SAVE \$1.00



2/\$4

**SIMPLY DESSERTS
SUGAR-FREE INSTANT
VANILLA PUDDING**
1.7 oz
SAVE 33%



\$4.49

**FANCY PANTS
CRISPY CHOCOLATE
CHIP COOKIES**
5 oz; other varieties also on sale
SAVE \$1.00