

SEPT 17 – SEPT 30, 2025



\$13.99

BLUEBONNET NUTRITION KIDS MULTIPLE DAILY MULTIVITAMIN
90 chews
SAVE \$6.00

Fun daily nutritional support for children specially formulated with important vitamins and minerals along with a whole-food fruit and veggie blend. These animal-shaped chewable tablets are non-GMO tested, Kosher certified, gluten-free, soy-free, and dairy-free.



\$13.49

DR. TUNG'S OIL PULLING CONCENTRATE
1.7 fl oz
SAVE \$3.00



\$11.49

DESERT ESSENCE ORGANIC JOJOBA OIL
4 fl oz
SAVE \$4.00

**round up
your change
in september**

to **SUPPORT NOFA-NH'S FARM SHARE PROGRAM**
providing **CSAs** for **NH RESIDENTS** with **LOW INCOMES**



Join us for these events & workshops!



Nail & String Art Workshop

Thursday, Sept 18
5:30 – 6:30pm
Registration Required



Keene Pride Festival

Sunday, Sept 21
noon – 7:00pm
Downtown Keene



Co-op Clothing Swap

Saturday, Oct 4
10:00am – 2:00pm
monadnockfood.coop/event/
clothingswap/

Details and full event calendar online at monadnockfood.coop/events/

Try our **NEW** bulk/case ordering process at: monadnock.provisions.coop



fresh deals

SEPTEMBER 17 – SEPTEMBER 30, 2025



Picadilly Farm Celebration
September 24th!

Join us at the Co-op on Wednesday, September 24 to celebrate **PICADILLY FARM** reaching a milestone 1M in sales. Jenny & Bruce Wooster have partnered with us since our opening providing organic vegetables from their Connecticut River Valley farmland in Winchester, NH. They farm about twenty-six of the forty acres they own and maintain the rest as conservation land to prevent erosion, encourage pollinators, and further enhance the land. We're so grateful to have them as part of our Co-op community!



\$2.79

ORGANIC GRAPE TOMATOES
pint
SAVE 20%



\$1.49

ORGANIC CELERY
bunch
SAVE 50¢



\$2.99 lb

ORGANIC HONEYCRISP APPLES
SAVE 50%

monadnock
FOOD CO•OP

34 Cypress Street | Keene, NH | 603.355.8008 | monadnockfood.coop | Open Mon-Sat 7 AM - 9 PM, Sun 8 AM - 9 PM



\$10.99 lb

**TIDE MILL FARM
ORGANIC SWEET
ITALIAN CHICKEN
SAUSAGE LINKS**
frozen; raised in Edmunds, ME
SAVE \$3.00/lb



\$18.99 lb

**BOGGY
MEADOW FARM
BABY SWISS CHEESE**
made in Walpole, NH
SAVE \$4.00/lb



\$4.99 lb

**duBRETON
BONELESS PORK CHOP**
SAVE \$2.00/lb



\$7.49

**GRAFTON
VILLAGE CHEESE
TRUFFLE CHEDDAR**
8 oz; made in Grafton, VT
SAVE \$1.50



\$6.99

**BILINSKI'S
CHICKEN SAUSAGE W/
WILD MUSHROOMS
& ITALIAN HERBS**
SAVE \$2.00



\$8.49 lb

**ORGANIC
ROASTED & SALTED
PISTACHIOS**
bulk
SAVE \$2.00/lb



\$10.99

**BORNSTEIN
SEAFOODS
FROZEN COOKED
& PEELED SHRIMP**
16 oz
SAVE \$2.00



\$6.49

**HOUSEMADE
SWEET POTATO
BISCUITS**
4-pack
SAVE \$1.50



\$10.49

**HOUSEMADE
SWEET POTATO
& JALAPENO
CORN CHOWDER**
quart
SAVE \$2.50



\$3.99

**LITTLE LADS
GARLIC BUTTAH
POPCORN**
5.4 oz; made in Brattleboro, VT
other varieties also on sale
SAVE \$1.00



\$2.29

**GOODSAM
SMALL FARMS
BANANA CHIPS**
0.7 oz; other varieties also on sale
SAVE 23%



\$6.49

**TRENCHERS
FARMHOUSE
RIGATONI PASTA**
13.7 oz; made in Lyndonville, VT
other varieties also on sale
SAVE 20%



\$19.99

**MAST LANDING
BREWING COMPANY
WINDBREAKER IPA**
12-pk; brewed in Westbrook, ME
SAVE \$3.00



\$1.49

**STONYFIELD ORGANIC
BLUEBERRY
YOGURT POUCH**
3.5 oz; made in Londonderry, NH
other varieties also on sale
SAVE 25%



\$5.99

**BETTER THAN
MARINADE
PRIME STEAKHOUSE
MARINADE**
11.5 fl oz; other varieties also on sale
SAVE 22%



\$7.99

**DOWNEAST COFFEE
MORNING BLEND
GROUND COFFEE**
11 oz; roasted in Pawtucket, RI
SAVE \$5.00