



This April, we invite our members to Slash Your Trash. It's easily done!

- Say No to Straws
- Buy Bulk
- Bring a Water Bottle
- Repair Something
- Stop Junk Mail
- Shop Local
- Pack a Lunch
- Use Real Tableware
- Compost
- Shop Secondhand
- Bring a Coffee Mug
- Reduce Food Waste

I _____ pledge to...



Share with friends/family or online just tag @ [MonadnockFoodCoop](#)
Pledge participants will be entered into a weekly raffle drawing

Name: _____

Email: _____ Phone: _____ (Optional.)