

SEPT 16 - SEPT 29, 2020



**\$29.99**

**GARDEN OF LIFE  
PROTEINS &  
GREENS POWDER**  
22 oz

**SAVE \$11.00**

- Offers 20 grams of smooth, raw organic plant protein
- Six organic greens & veggies
- Less than 1 gram of naturally occurring sugar
- Has 1.5 billion CFU probiotics & 13 non-GMO enzymes
- Certified Vegan, NSF Certified, Informed-Choice Certified & Kosher
- Dairy Free & Soy Free



**2/\$7**

**BURT'S BEES  
RHUBARB  
LIP SHIMMER**  
.7 oz

**SAVE \$1.20**



**\$5.99**

**AURA CACIA  
ORGANIC ROSEMARY  
ESSENTIAL OIL**  
5 ml

**SAVE \$1.50**



# fresh deals

SEPTEMBER 16 - SEPTEMBER 29

**local favorite**  
**Scott Farm, Dummerston, VT**

Scott Farm Orchard is a 571-acre gem owned by The Landmark Trust USA. They offer 130 varieties of ecologically grown heirloom apples (as well as plums, blueberries, peaches, pears, quince, nectarines, cherries, grapes, medlars, and apricots). Approximately 85% of their crop stays local—valuing the personal connections they have with their customers, family, friends, and community. Their mission, to grow exceptional fruit with the highest integrity, is upheld year-round by their small, dedicated staff.



**\$2.49**

**PICADILLY FARM  
ORGANIC GREEN  
CURLY KALE**  
bunch  
grown in Winchester, NH



**\$1.69 lb**

**SCOTT FARM  
ORGANIC HONEY  
CRISP APPLE  
TOTE BAGS**  
grown in Dummerston, VT



**\$1.69**

**PICADILLY FARM  
ORGANIC  
ACORN SQUASH**  
grown in Winchester, NH

**Pick up our Co+op Deals flyer to find more great ways to save!**



34 Cypress Street | Keene, NH | 603.355.8008 | monadnockfood.coop | Open Mon-Sat 7 AM - 9 PM, Sun 9 AM - 9 PM

**monadnock**  
FOOD CO•OP





**\$1.79 lb**

**SPRINGER MOUNTAIN FARM BONE-IN CHICKEN THIGHS**  
raised without antibiotics;  
Non-GMO Project Verified;  
American Humane Certified



**\$7.99**

**SHELBURNE FARMS 2-YR AGED RAW MILK CHEDDAR CHEESE**  
8 oz; made in Shelburne, VT  
**SAVE \$2.00**



**\$22.99 lb**

**JASPER HILL CELLARS BAYLEY HAZEN BLUE CHEESE**  
made in Greensboro, VT  
**SAVE \$6.00/lb**



**\$7.99**

**603 BREWING WINNI AMBER ALE**  
6-pk; other varieties on sale  
brewed in Londonderry, NH  
**SAVE \$2.00**



**\$5.99 lb**

**HOUSEMADE READY-TO-BAKE GLUTEN-FREE PARMESAN & HERB BREADED CHICKEN CUTLETS**  
chicken raised without antibiotics



**\$3.99**

**PEDERSON'S MILD SAUSAGE PATTIES**  
9 oz  
pork raised without antibiotics  
**SAVE \$1.00**



**\$1.69**

**HOUSEMADE HOT CHAI LATTE**  
8 oz; other sizes on sale



**\$4.99**

**SPINDRIFT PINEAPPLE SPARKLING WATER**  
8-pack  
**SAVE \$1.00**



**\$2.99**

**VEGAN ROB'S CAULI CRISPS**  
5 oz  
**SAVE \$1.00**



**\$3.99**

**PEDERSON'S SPICY SAUSAGE PATTIES**  
9 oz  
pork raised without antibiotics  
**SAVE \$1.00**



**\$2.79**

**HOUSEMADE GLUTEN-FREE SOUR CREAM COFFEE CAKE**  
each



**\$3.99**

**MIYOKO'S ORGANIC CULTURED VEGAN OAT MILK BUTTER**  
12 oz



**2/\$5**

**BIONATURE ORGANIC PENNE RIGATE**  
16 oz



**\$7.99 lb**

**HOUSEMADE GOLDEN BEET & KALE SALAD**  
**SAVE \$2.00/lb**



**\$9.99**

**COUNTER CULTURE COFFEE APOLLO ORGANIC WHOLE BEANS**  
12 oz  
**SAVE \$2.50**



**\$3.29**

**SILVER HILLS SQUIRRELLY BREAD**  
21 oz