

\$29.99

GARDEN OF LIFE PROTEINS & GREENS POWDER 22 oz

SAVE \$11.00

- —Offers 20 grams of smooth, raw organic plant protein
- —Six organic greens & veggies
- —Less than 1 gram of naturally occurring sugar
- —Has 1.5 billion CFU probiotics & 13 non-GMO enzymes
- —Certified Vegan, NSF Certified, Informed-Choice Certified & Kosher
- -Dairy Free & Soy Free



2/\$7

BURT'S BEES RHUBARB LIP SHIMMER .7 oz SAVE \$1.20



\$5.99

AURA CACIA ORGANIC ROSEMARY ESSENTIAL OIL 5 ml SAVE \$1.50



MONADNOCK INTERNATIONAL FILM FESTIVAL, ANTIOCH UNIVERSITY NEW ENGLAND & MONADNOCK FOOD CO-OP PRESENT

Nature-Based Education in a New Hampshire School

TURNING SCHOOL INSIDE OUT

SATURDAY, SEPTEMBER 19 at 6:30 p.m. FREE VIRTUAL COMMUNITY SCREENING & DISCUSSION

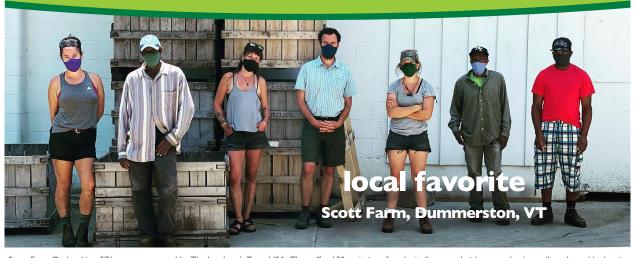
Register at moniff.org/events

In July 2016, twenty-three acres of land adjacent to the Chesterfield School in Southwestern NH came up for sale. This is the story of what happened next.



fresh deals

SEPTEMBER 16 - SEPTEMBER 29



Scott Farm Orchard is a 571-acre gem owned by The Landmark Trust USA. They offer 130 varieties of ecologically grown heirloom apples (as well as plums, blueberries, peaches, pears, quince, nectarines, cherries, grapes, medlars, and apricots). Approximately 85% of their crop stays local—valuing the personal connections they have with their customers, family, friends, and community. Their mission, to grow exceptional fruit with the highest integrity, is upheld year-round by their small, dedicated staff.



\$2.49

PICADILLY FARM ORGANIC GREEN CURLY KALE

bunch grown in Winchester, NH



\$1.69 lb

SCOTT FARM
ORGANIC HONEY
CRISP APPLE
TOTE BAGS
grown in Dummerston,VT



PICADILLY FARM ORGANIC ACORN SQUASH grown in Winchester, NH



34 Cypress Street | Keene, NH | 603.355.8008 | monadnockfood.coop | Open Mon-Sat 7 AM - 9 PM, Sun 9 AM - 9 PM



\$1.79 lb

SPRINGER
MOUNTAIN FARM
BONE-IN
CHICKEN THIGHS

raised without antibiotics; Non-GMO Project Verified; American Humane Certified



\$5.99 lb

HOUSEMADE
READY-TO-BAKE
GLUTEN-FREE
PARMESAN & HERB
BREADED CHICKEN
CUTLETS
chicken raised without antibiotics



\$3.99

PEDERSON'S MILD SAUSAGE PATTIES 9 oz pork raised without antibiotics SAVE \$1.00



\$3.99

PEDERSON'S SPICY SAUSAGE PATTIES

9 oz pork raised without antibiotics SAVE \$1.00





7.99

SHELBURNE FARMS
2-YR AGED
RAW MILK
CHEDDAR CHEESE
8 oz; made in Shelburne, VT
SAVE \$2.00



\$22.99 lb

JASPER HILL CELLARS BAYLEY HAZEN BLUE CHEESE made in Greensboro, VT SAVE \$6.00/lb



\$1.69

HOUSEMADE HOT CHAI LATTE 8 oz; other sizes on sale



\$2.79

HOUSEMADE GLUTEN-FREE SOUR CREAM COFFEE CAKE each







\$7.99

603 BREWING WINNI AMBER ALE

6-pk; other varieties on sale brewed in Londonderry, NH SAVE \$2.00



\$4.99

SPINDRIFT PINEAPPLE SPARKING WATER 8-pack SAVE \$1.00



\$3.99

MIYOKO'S ORGANIC CULTURED VEGAN OAT MILK BUTTER 12 oz



\$9 99

COUNTER
CULTURE COFFEE
APOLLO ORGANIC
WHOLE BEANS
12 oz
SAVE \$2.50



\$2.99

VEGAN ROB'S CAULI CRISPS 5 oz SAVE \$1.00



2/\$5

BIONATURE ORGANIC PENNE RIGATE 16 oz



\$3.29

SILVER HILLS SQUIRRELLY BREAD 21 oz

